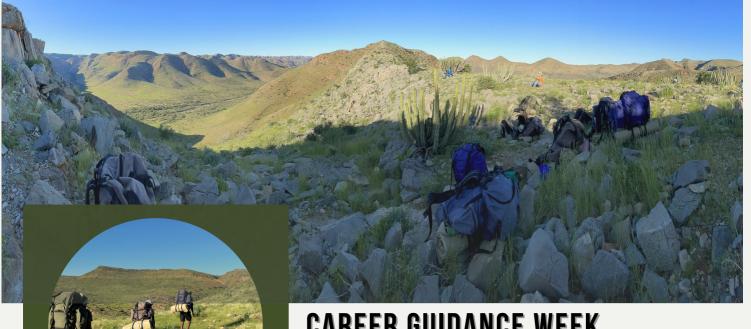
# Newsletter



Wilderness Therapy Namibia



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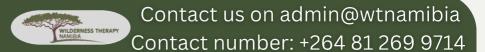
#### **CAREER GUIDANCE WEEK**

Our Career Guidance Week took place from the 23rd to the 27th of January this year, at YWAM Brakwater. Our guest speakers included Osmond Owoseb, Menette Namupembe from Capacity Growth, Ms Feris from Ministry of Education, Derick Vermeulen from Adonai Trust, Mariele Davel, Dennis Zaire from KAS, Leon Husselmann, Silke von Seidlitz from Pro Train, Ms Petrus From Kayec and Junian Gaweseb.



### CAPACITY **BUILDING EVENTS**

We've hosted two Capacity Building events this year. The first event was held on 11 February and was all about first aid and CPR. The second event was held on the 13th of May and addressed fire awareness and community fire safety. The participants also learned what subjects and grades they will require to become fire fighters, and had the chance to see how some of the equipment worked.

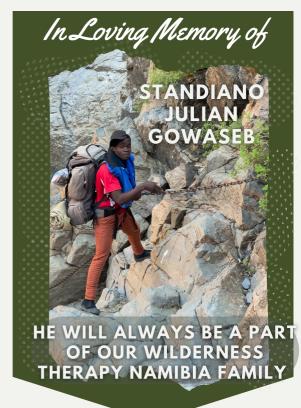


## HIKES 1,2 AND 3

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Our first hike for this year took place from 3 to 12 March, in the Naukluft mountains. The group from Augustineum chose the name: Naukluft Boys are Focused. Aside from getting lost for a short period during the last day and losing some toenails, the hike was successful. The participants enjoyed the journey and are currently busy with weekly mentoring sessions. The second hike took place from 18 to 28 April, this time the group was from Ella Du Plessis. The group chose the name: Naukluft Mààane. The hike went well and the participants came back with loads of stories to tell. The third hike with the boys from Khomastura was scheduled for 14 to 23 June. This group chose the name: "Bly Warm", as it got quite cold during the evenings and early mornings. Unfortunately, due to a tragic event on the fourth day of the hike, the group could not finish the hike. Standioano Gowaseb got into trouble while swimming despite the immediate water rescue and thorough CPR provided by our facilitators, Standiano could unfortunately not be resuscitated. The group returned to Windhoek on what was supposed to be day 5. The group and facilitators all underwent trauma counseling, NEW FACES IN THE OFFICE and the group will soon start with their weekly mentoring sessions.





Philip & Janet Vosloo joined our Wilderness Therapy Namibia team On the 23rd of March. Philip did his master's degree in Adventure tourism, and he is also a qualified lifesaver - and instructor. Since starting at WTN, he has led both the second and third hikes. In time, Philip will be taking over from Pikkie Hoffman. Janet is a trained Biokineticist, but will be working on our social media & marketing, and assisting as a project facilitator.





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### **WE WENT ON TOUR**

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This year we had the opportunity to take the class of 2022 on a career guidance tour to Swakopmund and Walvis Bay. The purpose of the tour was to make participants aware of vocational possibilities and opportunities within the broader Namibia. They were also informed on the subjects and grades they require to enter into these career paths. The tour lasted 5 days in total, and we visited Namwater, NAMFI, Namport, Gendev Fishing Group, NIMT Arandis, and NaDeet. This tour was also the first time seeing the ocean and the desert for many of our participants. In between our visits to the above-mentioned companies, we also had a chance to show the group the Moon Landscape, the Aquarium, Snake Park, Museum, visit the Welwitschia Plaines, and climb to the top of Dune 7.

And all of this is a gift from God, who brought us back to himself through Christ.

And God has given us this task of reconciling people to him.

2 Corinthians 5:18

# WHERE ARE THEY NOW? ALUMNI UPDATES

"My name is Genius Aloysius Goraseb, I had unknowingly gone through depression, identify crises and anxiety while being completely unaware of the symptoms where I had told myself that it was only a high school phase and it was a self-destructive stage. However coming back from that hike, people around me began to see a change in me and with time I too began to see that change. I joined the Namibian Police in 2019 and have been an officer of the law till present day. Though at times my duties and responsibilities at work are plenty, nothing is more satisfying then to be welcomed by your wife and children when you arrive at home."

"My name is Costa Mbweti, a former learner and Headboy at Ella du Plessis and was chosen to be part of the WTN family in 2017. Today, I am a geology graduate working within the mining sector. My day-to-day job entails hiking, traveling, and field camping with the hopes of reliving my Wilderness Therapy experience, and with this ladies and gentlemen, I check out."

